

DEVELOPMENT OF CHOCOLATE FILLING FROM MIXED FRUITS (*Adypa*  
*fruticosa* SAP AND GUMMA)

NORISKANDAR BIN SAHIL

FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE  
UNIVERSITI MALAYSIA TERENGGANU

2007



**DEVELOPMENT OF CHOCOLATE FILLING FROM MIXED FRUITS (*Nypa fruticans* SAP AND GUAVA)**

**NORISKANDAR BIN SAIM**

**RESEARCH PROJECT submitted in partial fulfilment of the requirement for the  
Degree of Bachelor of Food Science (Food Service and Nutrition)**

**FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE  
UNIVERSITI MALAYSIA TERENGGANU  
2007**

**DEVELOPMENT OF CHOCOLATE FILLING FROM MIXED FRUITS (*Nypa fruticans* SAP AND GUAVA)**

**By**

**NORISKANDAR BIN SAIM**

**RESEARCH PROJECT submitted in partial fulfilment of the requirement for the Degree of Bachelor of Food Science (Food Service and Nutrition)**

**FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE  
UNIVERSITI MALAYSIA TERENGGANU**

**2007**

**This project report should be cited as:**

**Saim, N. (2007). Development of chocolate filling from mixed fruits (*Nypa fruticans* sap and Guava). Undergraduate thesis, Bachelor of Food Science (Food Service and Nutrition), Faculty of Agrotechnology and Food Science, Universiti Malaysia Terengganu. 87p**

**No part of this report may be reproduced by any mechanical, photographic, or electronic process, or in the form of photographic recording, nor may it be stored in a retrieval system, transmitted, or otherwise copied for public or private use, without written permission from the author and the supervisor(s) of the project.**

## DECLARATION

I hereby declare that this research project is based on my original work except for quotations and summaries which have been duly acknowledged.

10<sup>th</sup> June 2007



NORISKANDAR BIN SAIM  
UK 9333

10<sup>th</sup> June 2007

Approved by,

MR. MOHAMAD KHAIRI B. MOHD ZAINOL  
(Supervisor)

10<sup>th</sup> June 2007

PUAN FARIDAH YAHYA  
(Co-Supervisor)

## ACKNOWLEDGEMENT

First of all, I would like to express my appreciations to Encik Mohamad Khairi b. Mohd Zainol, my supervisor for his fully guidance, advice, patience, support and constructive criticisms in accomplishing my research project.

Nevertheless, I would like to thank to the entire lecturer especially my co-supervisor, Puan Faridah Yahya and also the staffs of Food Science Department such as Cik Nasrenim, Cik Rose Haniza, Puan Fadlina, Puan Aniza, Puan Suzana, Puan Faridah Isa, Puan Dayang and En. Roslan for their kindness and cooperation throughout this research.

My deepest thanks also go to my family especially my parents, Encik Saim bin Osman and Puan Asimah Othman who had given the concern, love and support to me.

Finally, I would like to thanks to all my coursemates especially Nor Suhaida Abdul Halim, Mohd Hafiz Juhari Mohd Sabri, Ameerda Sulaiman, Mohd Fadzirul Hezly Md. Akir, Mohd Abdulttla Ab.Rahman, Noor Afzan Mohd Nazi and Nor Anida Balkis Maheran who have corresponded with me to point out the errors, giving their support, help, teaching, time and especially their friendship. Thank you for everything.



## ABSTRACT

A response surface methodology (RSM) was used for the determination of optimum amount Nypa Fruticans Sap and guava to produce acceptable of chocolate filling from mixed fruits (Nypa Fruticans and guava) among consumer. Chocolate filling from mixed fruits (Nypa Fruticans and guava) was developed using drying method with different independent variables which is amount of Nypa Fruticans Sap (200.00-400.00 ml) and guava (50-100 g). A total of fourteen combinations (including five repeated formulations which is formulation 1, 2, and 3) were chosen in random order according to central composite design (CCD) configuration for two factors. The effect of the amounts on water activity ( $A_w$ ), pH, moisture content, total soluble solid (Brix), brightness ( $L^*$ ), redness ( $a^*$ ), yellowness ( $b^*$ ), color, sweetness, sourness, suitability between sweet and sour, foreign taste, suitability between chocolate and filling and overall acceptability were studied by employing a second-order CCD. Based on surface and contour plots, optimum amount of *Nypa Fruticans* Sap and guava for development of chocolate filling from mixed fruits (Nypa Fruticans and guava) were 200.00 ml and 75.00 g, respectively.



**PEMBANGUNAN COKOLAT BERINTIKAN JEM BUAH-BUAHAN  
CAMPURAN (NIRA NIPAH ( *Nypa fruticans* Sap) DAN JAMBU BATU)  
MENGUNAKAN KAEDAH RESPONSE SURFACE ( RSM)**

**ABSTRAK**

*Response Surface Methodology* (RSM) telah digunakan untuk penentuan kandungan optimum nira nipah dan jambu batu dalam menghasilkan coklat berintikan jem campuran buah-buahan (nira nipah dan jambu batu) yang dapat diterima dikalangan pengguna. Jem campuran buah-buahan (Nira nipah dan jambu batu) dihasilkan melalui kaedah pengeringan dengan pemalar yang berbeza di mana kandungan nira nipah (200.00-400.00 ml) dan jambu batu (50.00-100.00 g). Sejumlah empat belas kombinasi (termasuk lima formulasi berulang iaitu formulasi 1, 2, dan 3 telah dipilih secara rawak mengikut tatarajah *central composite design* (CCD) untuk dua faktor. Kesan kandungan ke atas aktiviti air ( $A_w$ ), pH, jumlah kandungan pepejal (Brix), kandungan kelembapan,, kecerahan ( $L^*$ ), kemerahan ( $a^*$ ), kekuningan ( $b^*$ ), warna, kemanisan, kemasaman, kesesuaian antara rasa manis dan masam, rasa asing, kesesuaian antara coklat dan inti serta penerimaan keseluruhan dianalisis dengan menggunakan *second-order CCD*. Berdasarkan plot permukaan dan kontur, kandungan optimum bagi nira nipah dan jambu batu untuk penghasilan coklat berintikan jem campuran buah-buahan (nira nipah dan jambu batu) adalah masing-masing 200.00 ml dan 75.00 g.