

EVALUATION OF PRACTICES IN RELATING THE PRACTICE  
OF PURCHASING SAFE PROCESSED FOOD  
AMONG UNIVERSITY ACADEMIC STAFFS

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2008

Ch. 9243

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LP 46 FASM 2 2008



1100090131

Perception and factors affecting the practice of purchasing safe  
processed food among UMT academic staffs / Siti Nor Shahida  
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**PERCEPTION AND FACTORS AFFECTING THE PRACTICE  
OF PURCHASING SAFE PROCESSED FOOD AMONG  
UMT ACADEMIC STAFFS**

**SITI NOR SHAHIDA BT MOHD SHARUDDIN**

Research Report submitted in partial fulfillment of  
the requirements for the degree of  
Bachelor of Food Science (Food Service and Nutrition)

Department of Food Science  
FACULTY OF AGROTECHNOLOGY AND FOOD SCIENCE  
UNIVERSITI MALAYSIA TERENGGANU  
2008

This project report should be cited as :

Shahida S.N.M.S. 2008. Perception and Factors Affecting the Practice of Purchasing Safe Processed Food among UMT Academic Staffs. Undergraduate thesis. Bachelor of Food Science (Food Service and Nutrition). Faculty of Agrotechnology and Food Science. University Malaysia Terengganu, Terengganu. 67p.

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PROJEK PENYELIDIKAN I DAN II

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PERCEPTION AND FACTORS AFFECTING THE PRACTICE OF PURCHASING  
SAFE PROCESS FOOD AMONG UMT ACADEMIC STAFFS

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I hereby declare that the work in this thesis is my own except  
for quotations and summaries which have been duly  
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## **ACKNOWLEDGEMENT**

First of all, I would like to express my heartfelt gratitude to my supervisor, Puan Wan Sarah binti Wan Abdullah for her invaluable guidance, knowledge, advice, supervision, encouragement, kindness and patience in helping me conducting and completing this project successfully.

I am extremely indebted to Dr Amir Izzwan bin Zamri for his help and contribution in my research project.

My gratitude also goes to University Malaysia Terengganu (UMT) for giving me the precious opportunity to conduct this research project. I would like to acknowledge my special thanks to all the participants involved in this study.

Finally, I am grateful to my entire family for their continuous moral support, encouragement, patience and love. I also would like to thank all my friends for their support, and above all, God, my ultimate source of strength.

## ABSTRACT

Each year, millions of people worldwide suffered from food-borne diseases and illnesses. Therefore, food-related infection is an important health problem in many countries. The study was conducted in Universiti Malaysia Terengganu (UMT) to determine the perception and purchasing practice of safe processed foods among UMT lecturers. This survey involved 127 UMT lecturers and self administered questionnaires were used to collect the data. The questionnaires were distributed and collected between June-October, 2008. The objective of this study are determining the perception about safe processed food, identifying the criteria used in choosing and purchasing safe processed food, factors affecting consumer purchase of processed food and determining relationships between consumers perception and purchasing practice as well as between demographic factors (age, gender, educational level and income level) and purchasing practice. The result of the study showed that 69 respondents were male (54.3%) and 58 were females (45.7%). Majority of the respondents had Master's degree (66.9%) and 33.1% had PhD. It was discovered that most respondents tend to have positive perception toward food safety and choose safe processed food. It was also discovered that there was a significant difference between the food safety perception about safe processed food and purchasing practice ( $p < 0.05$ ). Demographics factors including age, gender, educational level and income affected consumer perception toward food safety and practice of purchasing safe processed food. Respondents who have higher income and higher educational level more interested in food safety than respondents who have lower income level and lower education level. In addition, female and younger respondents were more interested in food safety than male and older respondents. The result also showed that the four reasons respondent purchase safe processed food were to avoid food poisoning (61.4 %), responsibility toward family (34.6%), to avoid being cheated by seller (3.1%) and avoid money misspend (0.8%).

## **ABSTRAK**

Setiap tahun, berjuta orang dari seluruh dunia menderita akibat masalah keracunan makanan dan penyakit bawaan makanan. Oleh sebab itu, masalah kesihatan yang berkaitan dengan makanan menjadi masalah besar bagi kebanyakan negara. Kajian telah dijalankan di Universiti Malaysia Terengganu (UMT) untuk menentukan persepsi dan amalan pembelian makanan diproses yang selamat dikalangan pensyarah UMT. Kajian tinjauan ini disertai oleh 127 orang pensyarah dan set soalan diberikan untuk dijawab sendiri oleh respondan telah digunakan untuk mengumpul maklumat. Set soalan telah diedarkan kepada respondan dan dikumpul semula bermula Jun-Okttober 2008. Objektif kajian ini dilaksanakan adalah untuk menentukan persepsi penguna tentang makanan diproses yang selamat, mengenalpasti kriteria-kriteria yang digunakan untuk memilih dan membeli makanan diproses yang selamat, faktor yang mempengaruhi amalan pembelian makanan diproses yang selamat dan menentukan hubungan diantara persepsi pengguna dengan amalan pembelian dan juga hubungan diantara faktor – faktor demografik (umur, jantina, tahap pendidikan dan pendapatan) dengan amalan pembelian. Keputusan menunjukkan 69 respondan adalah lelaki (54.3%) dan 58 respondan adalah perempuan (45%). Kebanyakan respondan mempunyai tahap pendidikan Master's (66.9%) dan 33.1% mempunyai Ijazah Kedoktoran. Hasil kajian mendapati kebanyakan respondan mempunyai persepsi yang positif terhadap keselamatan makanan dan cenderung untuk memilih makanan diproses yang selamat. Selain itu, analisis mendapati terdapat perbezaan yang signifikan diantara persepsi tentang makanan diproses yang selamat dengan amalan pembelian ( $p < 0.05$ ). Faktor demografik termasuk umur, jantina, tahap pendidikan dan pendapatan didapati mempengaruhi persepsi respondan terhadap keselamatan makanan dan amalan pembelian makanan diproses yang selamat. Respondan yang mempunyai pendapatan yang lebih tinggi dan tahap pendidikan yang lebih tinggi lebih berminat terhadap keselamatan makanan berbanding respondan yang mempunyai pendapatan yang lebih rendah dan tahap pendidikan yang lebih rendah. Tambahan lagi, respondan perempuan dan yang berumur lebih muda lebih berminat terhadap keselamatan makanan berbanding respondan lelaki dan yang berumur lebih tua. Keputusan juga menunjukkan empat alasan respondan membeli makanan diproses yang selamat, iaitu untuk mengelakkan mengalami keracunan (61.4%), tanggungjawab terhadap keluarga (34.6%), mengelakkan ditipu oleh penjual (3.1%) dan mengelakkan pembaziran wang (0.8%).